

Innovative Mental Health Programs for Ohio's Youth & Young Adults in Transition

Greater Cincinnati Behavioral Health Services: Program Description

Greater Cincinnati Behavioral Health Service's Transitional Youth Program (TYP) is an intensive case management service that assists youth / young adults ages 16-22 with making a successful transition from the children's mental health system to adulthood. TYP serves clients that live in Hamilton County, have severe mental illness, and have the potential to live independently. TYP helps clients work towards recovery by teaching them to independently manage their mental and physical health as well as achieve success in housing, education, employment, and social areas of life. The program offers a variety of interventions including supported apartments, job readiness and interpersonal skills training, coordination for alternative schooling, development of parenting skills, and psychiatric assessment. In addition to case management, TYP offers individual counseling and peer mentoring services. The counselor is able to address a high number of clients that have experienced trauma. The peer mentor works with clients to build natural supports in the community.

Operational Resources

The TYP treatment team is comprised of three Case Managers, Community Integration Specialist, Counselor, Peer Mentor, Psychiatrist and Nursing. Greater Cincinnati Behavioral Health Services manages the fiscal, administrative and clinical operations of these services but also collaborates with a youth services provider (Lighthouse Youth Services) to coordinate 22 supported apartments. The TYP treatment team also meets weekly with a representative from the Ohio Department of Jobs and Family Services (ODJFS), youth mental health providers and the Mental Health Access Point to identify referrals and provide coordination of services. A Steering team comprised of members from all program collaborators meets regularly to address ongoing coordination and development issues.

Financial Resources

Funding is provided by The Hamilton County Mental Health and Recovery Services Board and through a grant from The Health Foundation of Greater Cincinnati.



Contact Information: Greater Cincinnati Behavioral Health Services

www.gcbhs.com

Transitional Youth Program

1501 Madison Road
Cincinnati, Ohio 45206
513.354.5200

**Jennifer Dorschug, LISW,
Program Manager**

jdorschug@gcbhs.com